

Fasting Chart 2018

Fasting Chart - Year 2018 - Eastern Time (-5 GMT)

date	event	start	end
Jan 01 (Mon)	Purnima	01/01 01:14	01/01 21:24
Jan 12 (Fri)	Ekadashi	01/11 08:40	01/12 10:52
Jan 16 (Tue)	Amavasya	01/15 18:41	01/16 21:17
Jan 27 (Sat)	Ekadashi	01/27 00:44	01/27 21:57
Jan 31 (Wed)	Purnima	01/30 11:53	01/31 08:26
Feb 10 (Sat)	Ekadashi	02/10 04:14	02/11 06:54
Feb 15 (Thu)	Amavasya	02/14 14:16	02/15 16:05
Feb 26 (Mon)	Ekadashi	02/25 09:39	02/26 06:59
Mar 01 (Thu)	Purnima	02/28 22:27	03/01 19:51
Mar 12 (Mon)	Ekadashi	03/12 00:31	03/13 03:11
Mar 17 (Sat)	Amavasya	03/16 07:48	03/17 08:11
Mar 27 (Tue)	Ekadashi	03/26 17:13	03/27 15:01
Mar 31 (Sat)	Purnima	03/30 09:05	03/31 07:36
Apr 11 (Wed)	Ekadashi	04/10 20:10	04/11 21:43
Apr 15 (Sun)	Amavasya	04/14 22:07	04/15 20:57
Apr 25 (Wed)	Ekadashi	04/25 00:16	04/25 22:50
Apr 29 (Sun)	Purnima	04/28 20:07	04/29 19:58
May 11 (Fri)	Ekadashi	05/10 12:58	05/11 13:11
May 15 (Tue)	Amavasya	05/14 09:16	05/15 06:47
May 25 (Fri)	Ekadashi	05/24 07:31	05/25 07:17
May 29 (Tue)	Purnima	05/28 08:10	05/29 09:19
Jun 09 (Sat)	Ekadashi	06/09 02:29	06/10 01:24
Jun 13 (Wed)	Amavasya	06/12 18:04	06/13 14:43
Jun 23 (Sat)	Ekadashi	06/22 16:49	06/23 17:22

Jun 27 (Wed)	Purnima	06/26 21:43	06/27 23:52
Jul 09 (Mon)	Ekadashi	07/08 13:00	07/09 10:57
Jul 12 (Thu)	Amavasya	07/12 01:31	07/12 21:47
Jul 23 (Mon)	Ekadashi	07/22 04:17	07/23 05:53
Jul 27 (Fri)	Purnima	07/26 12:46	07/27 15:20
Aug 07 (Tue)	Ekadashi	08/06 22:22	08/07 18:45
Aug 10 (Fri)	Amavasya	08/10 08:37	08/11 04:57
Aug 21 (Tue)	Ekadashi	08/20 18:46	08/21 21:10
Aug 25 (Sat)	Purnima	08/25 04:46	08/26 06:56
Sep 05 (Wed)	Ekadashi	09/05 04:30	09/06 01:45
Sep 09 (Sun)	Amavasya	09/08 16:12	09/09 13:01
Sep 20 (Thu)	Ekadashi	09/19 12:09	09/20 14:46
Sep 24 (Mon)	Purnima	09/23 20:48	09/24 21:52
Oct 05 (Fri)	Ekadashi	10/04 11:19	10/05 08:47
Oct 09 (Tue)	Amavasya	10/08 01:02	10/08 22:46
Oct 20 (Sat)	Ekadashi	10/19 07:27	10/20 09:31
Oct 24 (Wed)	Purnima	10/23 12:06	10/24 11:45
Nov 03 (Sat)	Ekadashi	11/02 18:40	11/03 16:44
Nov 07 (Wed)	Amavasya	11/06 11:57	11/07 11:02
Nov 18 (Sun)	Ekadashi	11/18 03:03	11/19 04:00
Nov 22 (Thu)	Purnima	11/22 02:23	11/23 00:39
Dec 02 (Sun)	Ekadashi	12/02 03:30	12/03 02:30
Dec 06 (Thu)	Amavasya	12/06 01:42	12/07 02:20
Dec 18 (Tue)	Ekadashi	12/17 21:27	12/18 21:05
Dec 22 (Sat)	Purnima	12/21 15:39	12/22 12:48

1. Starting and ending times are obtained from the Ananda Marga Diary.
2. The actual fasting day is calculated as to include most of the indicated lunar phase.
3. Calculations follow the Indian convention of starting the days at dawn rather than midnight.