



# Seminar near Washington DC

The Sterling, Virginia (Fairfax Bhukti) mini-seminar on Sat Feb 18 was sweet and inspirational. The young and mature participants showed a high degree of interest and a wonderful flow of discussion and wealth of knowledge was shared by all – following the Seminar Notes for the 1st Phase of 2017. The spiritual practices and the lovely meal that followed capped a wonderful seminar day – “Sowing the Seeds of Spirituality: Shrii Shrii Anandamurti’s Seminarium”.



The seminar was conducted by Acarya Dhruva in the picture with the margi from the area.